



International Participation
Representation in FIGO 2025 was by Prof Ghazala Sadiq She presented a Paper on Efficacy of Elagolix in Alleviating Endometriosis-Related Symptoms and Reducing Lesion Size.

EAS Pakistan is now on MAP

ACE Asian congress on endometriosis 2025 held in srilanka was well attended by EAS Pakistan. Five members were speakers and penalists

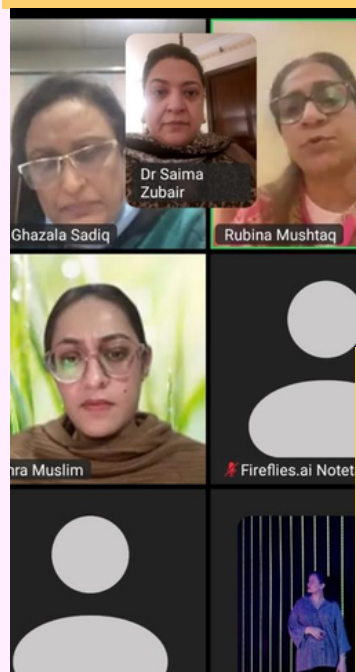


Mianwali Chapter In SOGP Meeting Have Special Consideration To Laid Special Emphasis On Awareness Of Endometriosis For Health Care Providers . This Is A Great Step Forwards.

OBITUARY
With Profound Grief And Heavy Heart The News Of Sad Demise Of Mr.Zahid Hussain Bukhar Husband Of Brig @R Prof Maimoona Mushtaq

Position paper was published after a lot of team effort Guidelines and recommendations were made regarding classification diagnosis, investigations and management of endometriosis : Link Akhtar T, Hayat Z, Mazhar SB, Tariq N, Jabeen S, Muslim Z, Zuberi NF, Mahmud G, Raza A, Chaudhri R, Zubair S. Management of Women with Endometriosis in Pakistan: Good Clinical Practice Recommendations. Journal of The Society of Obstetricians and Gynaecologists of Pakistan. 2026 Feb 16;16(1):77-88.

- In collaboration with Byers a live webinar was organised at Ramada on 25 and 31st March 2025
- effects of Dienogest
- recommendations for surgery and
- endometriosis in menopasal were discussed,



Monthly Hybidd Meeting Was Held On 11/12/25 At 2100hrs-2130 Hrs Points Of Mutual Interst Were Discussed

ACOG 2026 Endometriosis Guideline
A Clear and Confident Step Forward

Congratulations to the American College of Obstetricians and Gynecologists on releasing this important guideline!

Key Highlights

- ▶ Endometriosis can be clinically diagnosed
- ▶ Laparoscopy is not mandatory before treatment
- ▶ Empirical therapy is appropriate (OCs, Progestins, GnRH Analogues)
- ▶ Symptomatic response can support diagnosis
- ▶ Laparoscopy is now selective
- ▶ Histology remains definitive, but not required to initiate care

Our Perspective:

- ▶ Not a revolution — but a recognition of real-world practice
- ▶ Endometriosis is a chronic, inflammatory condition requiring:
 - ▶ Proportionate, fertility-sensitive care
 - ▶ Patient-centred, long-term management

Read the full guideline: www.acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2026/03/diagnosis-of-endometriosis

Considering the fact that Endometriosis is neglected and underdiagnosed condition having a deep impact on QOL of women. Strategic Roadmap for Endometriosis & Adenomyosis Society, Pakistan :A foundational Research and Publication Agenda was prepared by Prof.Nadeem F.Zuberi .This will this will help us build the evidence,raise our voice,and create lasting impact